



Date: 7/22/2024

The Dysart Schools Athletic Conference in addition to Peoria USD and Deer Valley USD will use the **NFHS** rules book as the adopted publication for rules and interpretation with the following additional information:

TEAM

- A. A team may consist of any number of members.
- B. Individual school districts create their own guidelines for district meet participation.
- C. No jewelry may be worn.
- D. All players should wear the same uniform.

MEETS

- A. A meet will have a minimum of three teams participating.
- B. The host site will clearly mark the course route.
- C. Race distance will be the following:
 - a. 5th/6th grade – 1.5 miles
 - b. 7th/8th grade – 2 miles
- D. Individual school districts create their own guidelines for district finals.
- E. NWVAC championship meet will have the following conditions, per gender:
 - a. One 7th/8th grade division race and one 5th/6th grade division race.
 - b. To be eligible, a student must compete in one-half (1/2) the regular season meets.
 - c. Each district enters 3 teams, consisting of a minimum of 5 and maximum of 8 runners.
 - d. Each district enters their top 7 runners that are not participants of the top 3 teams.
 - e. A maximum of 28 runners can participate in the NWVAC finals.

SPORTSMANSHIP

A student-athlete or coach, who is ejected from a game, will be suspended for one game. If that same student-athlete or coach is ejected from a game a second time during the same season, they will be suspended for the remainder of the season. If the ejection occurs during the last game of the season, the suspension will carry over to the next sports season.