



Date: 7/22/2024

The Dysart Schools Athletic Conference in addition to Peoria USD and Deer Valley USD will use the **NFHS** rules book as the adopted publication for rules and interpretation with the following additional information:

TEAM

- A. A team may consist of any number of members.
- B. Each team must start the game with no fewer than six (6) players on the court.
- C. The home team must provide game balls.
- D. No jewelry may be worn.
- E. All players should wear the same uniform.
 - a. Exception is the libero who may wear a different colored jersey.

EQUIPMENT

- A. A leather volleyball is to be used for the game ball.
- B. The net for girls' games will be set at NFHS rules height, 7' 4 1/8"
- C. The net for boys' games will be set at NFHS rules height, 7' 11 5/8"

MATCHES

- A. A match will have a minimum of one official.
- B. The warmup routine will be 5-5 minutes with the opposing team at the net first.
- C. A match will consist of a maximum of 3 games.
- D. The winning team will be the first to win 2 out of 3 games.
- E. In the event the games are tied 1 to 1, game 3 will determine the winner of the match.
- F. In the event a team wins the first 2 games, game 3 can be played at the coaches' discretion.

SCORING & SERVING

- A. Points will be awarded on a rally scoring system. Points are scored on each serve.
- B. Games 1 and 2 will be played to 25 points.
- C. Game 3 will be played to 15 points.





- D. A team must win by 2 points to win the game.
- E. A server must serve from behind the restraining line (end line) until after contact.
- F. The ball may be served underhand or overhand.
- G. The ball must be clearly visible to opponents before serving.
- H. The “let serve” is a ball that when served, hits the net without touching the antenna and continues across the net into the opponent’s court. The ‘let serve’ is a playable live ball.

SPORTSMANSHIP

A student-athlete or coach, who is ejected from a game, will be suspended for one game. If that same student-athlete or coach is ejected from a game a second time during the same season, they will be suspended for the remainder of the season. If the ejection occurs during the last game of the season, the suspension will carry over to the next sports season.

