



DEER VALLEY
Unified School District



PEORIA
UNIFIED SCHOOL DISTRICT



NWVAC Basketball Rules

The Northwest Valley Athletic Conference will use the **NFHS** rules book as the adopted publication for rules and interpretation with the following additional information:

TEAM

- A. A team can consist of any number of members.
- B. A maximum of 5 players can be on the court at a time during games.
- C. Each team shall provide a starting lineup to the official scorer.
- D. No jewelry may be worn.
- E. All players should wear the same uniform.
- F. A player may wear a shirt under their uniform, provided it is similar in color.

EQUIPMENT

- A. A regulation size men's (29.5") and women's (28.5") basketball will be used.
- B. Baskets will be 10' in regulation.

GAME

- A. A minimum of two officials will be used for each game.
- B. Regular season games will consist of four (4) quarters of 8-minutes long with a running clock that will only stop for free-throws and time-outs.
- C. Halftime will not exceed 5 minutes.
- D. Normal game timing procedures will be used.
- E. Each team is permitted three full-length time-outs and two 20-second time-outs each game.
- F. Full court press is allowed in regular and postseason. When a team is up by 20 points or more, full court press is not allowed by the winning team.
- G. In the event a game is tied at the end of regulation, overtime rules are as follows:
 - a. 3-minute overtime periods, until a winner is established.
 - b. Each team is awarded 1 full-time out with each overtime.
 - c. If tied after 2nd OT, the 3rd overtime will be sudden death.
- H. Mercy Rule: At the conclusion of the second quarter, or any point thereafter, when the point differential of 30 or more points is reached, a running clock shall be instituted for the remainder of the game, regardless of the score. Exceptions:
 - a. During Time outs and Technical Fouls (clock stopped by official)
 - b. During any injury (clock stopped by official)

SPORTSMANSHIP

A student-athlete or coach, who is ejected from a game, will be suspended for one game. If that same student-athlete or coach is ejected from a game a second time during the same season, they will be suspended for the remainder of the season. If the ejection occurs during the last game of the season, the suspension will carry over to the next sports season.