

Arizona Healthy Schools Act

Important changes for the 2026-2027 school year



WHAT'S NEW

Arizona's new Healthy Schools Act changes laws governing food in schools, to help kids stay healthy. Schools participating in federal meal programs cannot serve or sell foods with banned ingredients.

IMPORTANT! These new rules **do not apply to parents packing their child's individual lunch or snacks.** You can still pack any lunches, snacks, or treats for your individual child.

ALLOWED

- ✓ Food fundraisers held off campus or outside the school day *
- ✓ Food brought by parents for their own child
- ✓ Shared food that does not contain banned ingredients

RESTRICTED

- ✗ Serving or selling food during the school day* that contain banned ingredients
- ✗ Serving foods containing banned ingredients during classroom parties and celebrations
- ✗ School-sponsored rewards or incentives with banned ingredients

SCHOOL DAY RESTRICTIONS

- School Meals
- School Stores
- Fundraisers
- Class Celebrations
- Catering
- Vending Machines

**For this law, a school day is defined as midnight until 30 minutes after the instructional day ends.*

RESTRICTED INGREDIENTS

- Potassium Bromate
- Propylparaben
- Titanium dioxide
- Brominated Vegetable Oil
- Yellow Dye 5 or 6
- Red Dye 3 or 40
- Blue Dye 1 or 2
- Green Dye 3

PLANNING TO BRING A CLASSROOM TREAT?

Please check with your school office before purchasing food items. They can help you determine whether your selection meets the Arizona Healthy Schools Act requirements.

For more information, visit www.dysart.org/nutrition



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